VIRTUAL COUNSELING RESOURCES

HAMILTON COUNTY SCHOOLS COUNSELING

HCS School and Lead Counselors offer social, emotional, and behavioral counseling for K-12 students, and can refer students and families to one of the agencies listed below.

English: (423) 498-5437  Spanish: (423) 498-6744  
www.hcde.org/mentalhealth

COMMUNITY-BASED MENTAL HEALTHCARE PROVIDERS

CENTERSTONE

Centerstone offers behavior health services for all ages, available by telehealth (video) and telephone. Centerstone accepts both Tenn Care and private insurance.

(888) 291-4357  www.centerstone.org

HELEN ROSS MCNABB

Helen Ross McNabb provides outpatient mental health services, counseling/therapy, and case management to both children and adults. HCM only accepts Tenn Care at this time.

(423) 266-6751, Ext. 1288  www.mcnabbcenter.org

MENTAL HEALTH COOPERATIVE

MHC serves adults, children, and families by providing therapy, psychiatric services, and case management. MHC has offices in Chattanooga & Cleveland, and accepts Tenn Care only.

(423) 697-5953  www.mhc-tn.org

Students and families can self-refer to any of these agencies by calling the numbers listed, or contacting your student's school counselor for a referral.